

PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Van der Elst Astrid HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BUTTERFLY MEN 13+ Heat:1, starttime: 09:00

Heat: 1/6 Lane : 3 Athlete: VLAMYNCK RIEN Q-time: 01:57:99

PB (50m pool): 01:57.99 Antwerpen 13/07/2025 PB (25m pool): no time SB: no time

	50 M	100 M	
PB	00:53.57	01:57.99	
	00:53.57	01:04.42	
	

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+ Heat:3, starttime: 09:05

Heat: 3/6 Lane : 0 Athlete: SYRYN JASPER Q-time: 01:18:51

PB (50m pool): 01:21.21 Antwerpen 13/07/2025 PB (25m pool): 01:18.51 SB: no time

	50 M	100 M	
PB	00:37.65	01:21.21	
	00:37.65	00:43.56	
	

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+ Heat:3, starttime: 09:05

Heat: 3/6 Lane : 3 Athlete: VANHOORNE ARNO Q-time: 01:16:53

PB (50m pool): 01:21.31 Antwerpen 13/07/2025 PB (25m pool): 01:16.53 SB: no time

	50 M	100 M	
PB	00:37.84	01:21.31	
	00:37.84	00:43.47	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 21: 100M BUTTERFLY WOMEN 13+		Heat:1, starttime: 09:13	
Heat: 1/5 Lane : 6 Athlete: VANDROOGENBROECK CHEYENNE		Q-time: 01:44:00	
PB (50m pool): 01:44.43 Kortrijk 04/05/2025		PB (25m pool): 01:44.00 SB: no time	
	50 M	100 M	
PB	00:45.76	01:44.43	
	<i>00:45.76</i>	<i>00:58.67</i>	
	

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 13+		Heat:3, starttime: 09:17	
Heat: 3/5 Lane : 5 Athlete: VANLANCKER YNTHE		Q-time: 01:16:77	
PB (50m pool): 01:26.74 Antwerpen 13/07/2025		PB (25m pool): 01:16.77 SB: no time	
	50 M	100 M	
PB	00:37.55	01:26.74	
	<i>00:37.55</i>	<i>00:49.19</i>	
	

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 13+		Heat:5, starttime: 09:21	
Heat: 5/5 Lane : 6 Athlete: DEBECKER CHARLOTTE		Q-time: 01:05:74	
PB (50m pool): 01:08.57 Kortrijk 04/05/2025		PB (25m pool): 01:05.74 SB: no time	
	50 M	100 M	
PB	00:32.13	01:08.57	
	<i>00:32.13</i>	<i>00:36.44</i>	
	

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:1, starttime: 09:24	
Heat: 1/5 Lane : 1 Athlete: SCHEIRLINCKX CLEMENT		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	50 M		
PB	no time		
	<i>no time</i>		
		

Coach feedback:

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Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:1, starttime: 09:24
Heat: 1/5 Lane : 7 Athlete: DEHONDT TUUR		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:1, starttime: 09:24
Heat: 1/5 Lane : 8 Athlete: DE BUSSCHER VIC		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:2, starttime: 09:25
Heat: 2/5 Lane : 6 Athlete: SYRYN JONAS		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:3, starttime: 09:27
Heat: 3/5 Lane : 7 Athlete: DE RYCK ALEXANDER		Q-time: 00:45:58
PB (50m pool): no time		PB (25m pool): 00:45.58 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

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Event number: 22: 50M BUTTERFLY MEN 11-12		Heat:5, starttime: 09:30
Heat: 5/5 Lane : 0 Athlete: GHYSELBRECHT BENT		Q-time: 00:39:89
PB (50m pool): no time		PB (25m pool): 00:39.89 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+				Heat:4, starttime: 09:44
Heat: 4/4 Lane : 4 Athlete: DHAESELEER FRAN				Q-time: 02:26:67
PB (50m pool): no time		PB (25m pool): 02:26.67 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	<i>no time</i>			

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+				Heat:4, starttime: 09:44
Heat: 4/4 Lane : 8 Athlete: VANLANCKER YNTHE				Q-time: 02:34:64
PB (50m pool): 02:46.35 Antwerp 26/01/2025		PB (25m pool): 02:34.64 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:39.36	01:21.36	02:04.51	02:46.35
	<i>00:39.36</i>	<i>00:42.00</i>	<i>00:43.15</i>	<i>00:41.84</i>

Coach feedback:

Event number: 24: 200M BACKSTROKE MEN 13+				Heat:2, starttime: 09:52
Heat: 2/4 Lane : 7 Athlete: PORTIER SANTIAGO				Q-time: 02:40:46
PB (50m pool): no time		PB (25m pool): 02:40.46 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	<i>no time</i>			

Coach feedback:

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Event number: 24: 200M BACKSTROKE MEN 13+				Heat:4, starttime: 09:59	
Heat: 4/4 Lane : 2 Athlete: DEBECKER MATHEO				Q-time: 02:18:80	
PB (50m pool): 02:23.27 Antwerpen 20/07/2025			PB (25m pool): 02:18.80 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:33.50	01:09.85	01:46.87	02:23.27	
	00:33.50	00:36.35	00:37.02	00:36.40	
	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:1, starttime: 10:03		
Heat: 1/5 Lane : 2 Athlete: SCHEIRLINCKX CLEMENT			Q-time: 01:36:46		
PB (50m pool): no time		PB (25m pool): 01:36.46 SB: no time			
	50 M	100 M			
PB	no time	no time			
	no time				
			

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:1, starttime: 10:03		
Heat: 1/5 Lane : 6 Athlete: SYRYN JONAS			Q-time: 01:35:48		
PB (50m pool): no time		PB (25m pool): 01:35.48 SB: no time			
	50 M	100 M			
PB	no time	no time			
	no time				
			

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 10:05		
Heat: 2/5 Lane : 5 Athlete: DE RYCK ALEXANDER			Q-time: 01:22:79		
PB (50m pool): no time		PB (25m pool): 01:22.79 SB: no time			
	50 M	100 M			
PB	no time	no time			
	no time				
			

Coach feedback:

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Event number: 25: 100M FREESTYLE MEN 11-12		Heat:2, starttime: 10:05	
Heat: 2/5 Lane : 9 Athlete: DEHONDT TUUR		Q-time: 01:30:72	
PB (50m pool): no time		PB (25m pool): 01:30.72 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12		Heat:3, starttime: 10:07	
Heat: 3/5 Lane : 4 Athlete: DE BUSSCHER VIC		Q-time: 01:18:84	
PB (50m pool): no time		PB (25m pool): 01:18.84 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12		Heat:4, starttime: 10:09	
Heat: 4/5 Lane : 6 Athlete: GHYSELBRECHT BENT		Q-time: 01:15:09	
PB (50m pool): 01:16.69 Antwerpen 13/07/2025		PB (25m pool): 01:15.09 SB: no time	
	50 M	100 M	
PB	00:36.66	01:16.69	
	<i>00:36.66</i>	<i>00:40.03</i>	
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+			Heat:1, starttime: 10:13	
Heat: 1/6 Lane : 2 Athlete: DE COOMAN NORA			Q-time: 03:21:22	
PB (50m pool): 03:28.77 Antwerpen 13/07/2025			PB (25m pool): 03:21.22 SB: no time	
	50 M	100 M	150 M	200 M
PB	00:46.67	01:42.68	02:36.88	03:28.77
	<i>00:46.67</i>	<i>00:56.01</i>	<i>00:54.20</i>	<i>00:51.89</i>

Coach feedback:

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Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:1, starttime: 10:13	
Heat: 1/6 Lane : 4 Athlete: VAN COLEN MAëLYNE				Q-time: 02:54:53	
PB (50m pool): 03:07.20 Antwerpen 13/07/2025			PB (25m pool): 02:54.53 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.66	01:30.60	02:20.63	03:07.20	
	00:42.66	00:47.94	00:50.03	00:46.57	
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:1, starttime: 10:13	
Heat: 1/6 Lane : 5 Athlete: BAECKELANDT JINTHE				Q-time: 03:03:24	
PB (50m pool): no time			PB (25m pool): 03:03.24 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:1, starttime: 10:13	
Heat: 1/6 Lane : 6 Athlete: SCHEIRLINCKX ELéONORE				Q-time: 03:19:10	
PB (50m pool): 03:19.51 Kortrijk 04/05/2025			PB (25m pool): 03:19.10 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.27	01:40.05	02:31.79	03:19.51	
	00:47.27	00:52.78	00:51.74	00:47.72	
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:2, starttime: 10:17	
Heat: 2/6 Lane : 0 Athlete: VANDROOGENBROECK CHEYENNE				Q-time: 02:51:56	
PB (50m pool): 03:01.68 Antwerpen 13/07/2025			PB (25m pool): 02:51.56 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.17	01:25.49	02:14.85	03:01.68	
	00:39.17	00:46.32	00:49.36	00:46.83	
	

Coach feedback:

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Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:6, starttime: 10:30	
Heat: 6/6 Lane : 5 Athlete: DHAESELEER FRAN				Q-time: 02:05:38	
PB (50m pool): 02:06.45 Antwerpen 27/07/2025			PB (25m pool): 02:05.38 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.49	01:01.32	01:33.78	02:06.45	
	00:29.49	00:31.83	00:32.46	00:32.67	
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:6, starttime: 10:30	
Heat: 6/6 Lane : 6 Athlete: DEBECKER CHARLOTTE				Q-time: 02:07:90	
PB (50m pool): 02:11.29 Antwerpen 20/04/2025			PB (25m pool): 02:07.90 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.96	01:05.32	01:39.03	02:11.29	
	00:30.96	00:34.36	00:33.71	00:32.26	
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:1, starttime: 10:34	
Heat: 1/8 Lane : 2 Athlete: VLAMYNCK RIEN				Q-time: 03:00:76	
PB (50m pool): 03:00.76 Antwerpen 13/07/2025			PB (25m pool): 03:15.36 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.80	01:29.45	02:17.03	03:00.76	
	00:40.80	00:48.65	00:47.58	00:43.73	
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:1, starttime: 10:34	
Heat: 1/8 Lane : 5 Athlete: DECLERCQ IAN				Q-time: 02:47:60	
PB (50m pool): 03:00.54 Antwerpen 13/07/2025			PB (25m pool): 02:47.60 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.20	01:27.24	02:15.26	03:00.54	
	00:41.20	00:46.04	00:48.02	00:45.28	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 27: 200M FREESTYLE MEN 13+					Heat:2, starttime: 10:37
Heat: 2/8 Lane : 0 Athlete: VANKEMMELBEKE HECTOR					Q-time: 02:40:79
PB (50m pool): 02:56.66 Antwerpen 13/07/2025			PB (25m pool): 02:40.79 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.68	01:22.72	02:10.12	02:56.66	
	00:37.68	00:45.04	00:47.40	00:46.54	
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:3, starttime: 10:41
Heat: 3/8 Lane : 3 Athlete: VANHOORNE ARNO					Q-time: 02:25:22
PB (50m pool): 02:25.67 Kortrijk 04/05/2025			PB (25m pool): 02:25.22 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.71	01:11.82	01:49.06	02:25.67	
	00:33.71	00:38.11	00:37.24	00:36.61	
	

Coach feedback:

Event number: 29: 4x100M MEDLEY MEN 11+							Heat:1, starttime: 11:33	
Heat: 1/2 Lane : 2 Athlete: TEAM DMI 2							Q-time: 06:19:37	
PB (50m pool):			PB (25m pool):		SB:			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback:

Event number: 29: 4x100M MEDLEY MEN 11+							Heat:1, starttime: 11:33	
Heat: 1/2 Lane : 4 Athlete: TEAM DMI 1							Q-time: 05:08:41	
PB (50m pool):			PB (25m pool):		SB:			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: